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PATIENT CASE

# Rapid Whole Genome Sequencing (rWGS)

Rapid Trio Whole Genome Sequencing in a NICU patient with complex phenotype identifies a short tandem repeat expansion.

#### Initial Presentation:

- A 3-day-old male with hypotonia, frog-leg posture, areflexia, hip contracture, feeding difficulties, high-pitched cry, macrocephaly, ventriculomegaly, dolichocephaly, bilateral cryptorchidism, ptosis, and dysmorphic features including a high anterior hairline, narrow forehead, underdeveloped supraorbital ridges, thin vermilion border, low-set ears, overfolded helix, high palate, and retrognathia
- · Ventriculomegaly was observed via prenatal ultrasound and MRI

#### **Genetic Tests Performed:**

- · Prenatal chromosomal microarray was negative
- Rapid Trio WGS

### Rapid Trio WGS Test Findings:

- A heterozygous pathogenic CTG repeat expansion with repeat number between 1400-1450 in the DMPK gene was detected, consistent with a diagnosis of congenital-onset myotonic dystrophy type 1 in this individual
- · A maternal DMPK repeat expansion was also observed

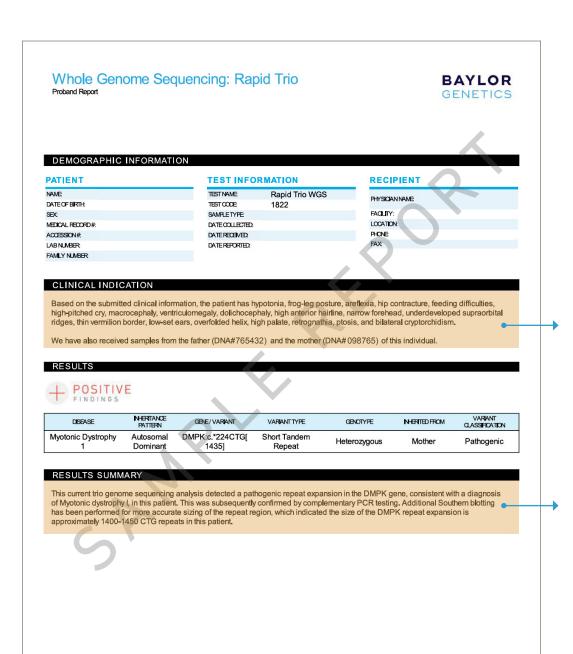
## Impact on Medical Management:

- A rapid diagnosis allows the NICU team to quickly direct clinical care according to consensus-based care recommendations for myotonic dystrophy type 1
- Since the mother was also identified to have an expansion, she can seek clinical evaluation by neuromuscular specialists and reproductive risk can be better ascertained for future pregnancies

Baylor Genetics' WGS offers concurrent testing of many short tandem repeats including the *DMPK* gene while also providing comprehensive assessment for other variant types.

Rapid testing can offer written results in as few as 5 days, providing expedient answers within the inpatient setting and eliminating potential diagnostic odysseys.

WGS being performed in a trio setting provided inheritance information. A rapid result also allowed for expedited actionable results that could directly impact the patient's management.



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The clinical indication for testing was highly suspicious for a genetic condition. A rapid and comprehensive testing approach offered the best chance to find an answer.

Key findings summary with disease and variant information. A maternally-inherited heterozygous pathogenic repeat expansion in DMPK was detected.

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